





## AHA- & ERC-guidelines meet in 1 bilingual paediatric instructor course: Alpine valley between Switzerland & Southtyrol

Wermter B. <sup>1</sup>, Anselmi L. <sup>2</sup>

1 PBLS Paediatric Basic Life Support Reference Center Southtyrol, SIMEUP Italian Society of Emergency Medicine, Bozen/Bolzano, Italy 2 Paediatric Anaesthesia, EOC Ospedale Cantonale, Bellinzona/Ticino, Switzerland

Introduction: the world of Paed. Resuscitation is well defined by worldwide consensus document of ILCOR International Liason Committee of Resuscitation. Isn't it? Continental guidelines derived from ILCOR for continental use seem to be usefull. But what is happen, if there are courses from 2 continents in 1 area with different guidelines and course concepts?

Aims: Harmonization and Exchange of bi-/trilingual instructors and cooperation in teaching paediatric resuscitation between 2 culturally, linguistically and geographically similar areas, but divided by guidelines: Switzerland—AHA American Heart Association since 1996/ Southtyrol-ERC European Resuscitation Council since 2003: German, Raetoromanic, Italian. Only Switzerland: French

Methods: screening of existing courses in both areas in 2003: Switzerland: PALS Paed. Adv. Life Support-AHA / no PBLSPaed. Basic Life Support, Southtyrol: EPLS European Paed. Life Support-ERC-course, Italian PBLS/ PALS-courses of SIMEUP Ital. Soc. Of Paed. Emergency Medicine since 1998. Formal possibilities to integrate? SRC Swiss Resuscitation Council introduced a fexible system for recognition of PBLS-courses: national requisits & audit of different PBLS-courses for SRC-quality-label. In this framework Ital. PBLS-courses of PBLS Trainingcenter Southtyrol c/o White Cross has been introduced in Switzerland. Southtyrolean PBLS-courses inside the Italian teaching network obtained SRC-quality-label.

Results: Thanks to SRC-System to label PBLS-courses, Ital. PBLS-course despite of less flexible Italian system (as AHA/ERC, too) has been introduced in the spirit of European integration. The same Italian course is running in the swiss Canton Ticino/Tessin in Italian since 2003 following AHA-guidelines and in Southtyrol since 1998 in German/Italian following ERC-guidelines. Joint Ital.-Swiss PBLS-instructor course has been realized the first time in 2007 following ERC- and AHA-guidelines in German/Italian. **Exchange of EPLS-ERC- and PALS-AHA-instructors was** promoted inside formal recognition provided by ERC/AHA since 2003. This PBLS/PALS/EPLS-System has been promoted by Southtyrolean/Swiss instructors in cooperation with 15 countries since 2003/2004 in Germany/Austria.

Conclusion: Interregional cooperation inside cultural/linguistic spaces wished by EU is possible despite different guidelines. Good Paed. Resuscitation is possible using all available systems integrating quality thanks to joint instructor teams.

